



			1 Scrambled Eggs w/Toms Tofu in brown sauce Rice Fresh Fruit Milk	2 Soya bean paste and dried bean curd noodle Eggs & vegetables Fresh Fruit Milk
5 Mac & Cheese Beans Fresh Fruit Milk	6 Chow Mein Eggs & vegetables Fresh Fruit Milk	7 Tofu in brown sauce Corns with scramble eggs Rice Fresh Fruit Milk	8 Veggie ham & vegetable pancake Tater Tots Fresh Fruit Milk	9 Quesadillas Tater Tots Fresh Fruit Milk
12 Veggie ham Fried Rice Egg rolls Fresh Fruit Milk	13 Pasta with Alfredo sauce Broccoli Fresh Fruit Milk	14 Tofu in brown sauce Broccoli Rice Fresh Fruit Milk	15 Veggie ham & egg sandwich French Fries Fresh Fruit Milk	16 Cheese veggie pizza Carrot & celery/dressing Fresh Fruit Milk
19 Soya bean paste and dried bean curd noodle Eggs & vegetables Fresh Fruit Milk	20 Spaghetti Salad w/eggs Fresh Fruit Milk	21 Thanksgiving luncheon	22 No school	23 No school
26 Veggie ham Fried Rice Egg rolls Fresh Fruit Milk	27 Veggie ham & egg sandwich French Fries Fresh Fruit Milk	28 Tofu in brown sauce Broccoli Rice Fresh Fruit Milk	29 Mac & Cheese Beans Fresh Fruit Milk	30 Chow Mein Eggs & vegetables Fresh Fruit Milk