

2018年 12月餐單  
 核桃慈濟小學  
所有餐點包括一份牛奶。

星期一	星期二	星期三	星期四	星期五
3 翠玉豆腐 清炒時蔬 白飯 水果	4 素烤雞塊 薯條 清炒時蔬 水果	5 蘑菇醬蝴蝶麵 清炒時蔬 水果	6 番茄炒蛋 清炒時蔬 白飯 水果	7 起司通心粉 清炒時蔬 水果
10 素咖喱 清炒時蔬 白飯 水果	11 白醬蔬菜意大利麵 清炒時蔬 水果	12 素米粉 清炒時蔬 水果	13 番茄意大利麵 清炒時蔬 水果	14 烤披薩 清炒時蔬 水果
17 蒸蛋 清炒時蔬 白飯 水果	18 蘑菇照燒炒意麵 清炒時蔬 水果	19 素烤雞塊 薯條 清炒時蔬 水果	20 素炒麵 清炒時蔬 水果	21 學校半天 (無供午餐)
24 寒假	25 寒假	26 寒假	27 寒假	28 寒假
31 寒假				

December 2018 – Menu  
 Tzu Chi Elementary School, Walnut  
**All meals include a serving of milk.**

Monday	Tuesday	Wednesday	Thursday	Friday
3 House Style Tofu Steamed Rice Vegetable Fruit	4 Vege Chicken Nuggets French Fries Vegetable Fruit	5 Pasta With Cream of Mushroom Vegetable Fruit	6 Scrambled Eggs With Tomatoes Steamed Rice Vegetable Fruit	7 Macaroni and Cheese Vegetable Fruit
10 Vege Curry Chicken Steamed Rice Vegetable Fruit	11 Vegetable Pasta With Alfredo Sauce Vegetable Fruit	12 Stir-Fried Rice Noodles Vegetable Fruit	13 Spaghetti with Marinara Sauce Vegetable Fruit	14 Pizza Vegetable Fruit
17 Steamed Egg Steamed Rice Vegetable Fruit	18 Noodles with Teriyaki Sauce Vegetable Fruit	19 Vege Chicken Nuggets French Fries Vegetable Fruit	20 Stir-Fried Noodles Vegetable Fruit	21 Minimum Day (No Lunch)
24 Winter Recess (School Closed)	25 Winter Recess (School Closed)	26 Winter Recess (School Closed)	27 Winter Recess (School Closed)	28 Winter Recess (School Closed)
31 Winter Recess (School Closed)				