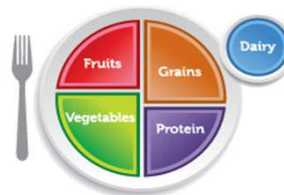




February 2019 – Menu

Tzu Chi Great Love Preschool, Walnut

All meals include a serving of milk.



Monday	Tuesday	Wednesday	Thursday	Friday
				1
				House Style Tofu Steamed Rice Vegetable Fruit
4	5	6	7	8
Vege Chicken Nuggets French Fries Vegetable Fruit	Pasta With Cream of Mushroom Vegetable Fruit 	Scrambled Eggs With Tomatoes Steamed Rice Vegetable Fruit	Macaroni and Cheese Vegetable Fruit	Rices with Vege Minced Meat Vegetable Fruit
11	12	13	14	15
Vegetable Pasta With Alfredo Sauce Vegetable Fruit	Stir-Fried Rice Noodles Vegetable Fruit	Spaghetti with Marinara Sauce Vegetable Fruit	Pizza Vegetable Fruit	Steamed Egg Steamed Rice Vegetable Fruit
18	19	20	21	22
Noodles with Teriyaki Sauce Vegetable Fruit	Vege Chicken Nuggets French Fries Vegetable Fruit	Stir-Fried Noodles Vegetable Fruit	Vege Curry Chicken Steamed Rice Vegetable Fruit	Pasta With Cream of Mushroom Vegetable Fruit
25	26	27	28	
Scrambled Eggs With Tomatoes Steamed Rice Vegetable Fruit	Fried Rices with Vege Ham Vegetable Fruit	Vegetable Pasta With Alfredo Sauce Vegetable Fruit	Tricolor tofu Vegetable Fruit	