

2	3	4	5	6
No school	Mac & Cheese	Quesadillas	Veggie ham & egg sandwich	Veggie ham & vegetable
	Beans	Tater Tots	French Fries	pancake
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Tater Tots
	Milk	Milk	Milk	Fresh Fruit
				Milk
9	10	11	12	13
Cheese veggie pizza	Pasta with Alfredo sauce	Veggie ham Fried Rice	Tofu in brown sauce	Chow Mein w/eggs
Carrot & celery/dressing	Broccoli	Egg rolls	Broccoli	vegetables
Fresh Fruit	Fresh Fruit	Fresh Fruit	Rice	Fresh Fruit
Milk	Milk	Milk	Fresh Fruit	Milk
			Milk	
16	17	18	19	20
Soy bean paste and dried	Tofu in brown sauce	Spaghetti	Veggie ham & egg sandwich	Quesadillas
bean curd noodle	Corns with scramble eggs	Salad w/eggs	French Fries	Tater Tots
Eggs & vegetables	Rice	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fresh Fruit	Fresh Fruit	Milk	Milk	Milk
Milk	Milk			
23	24	25	26	27
Veggie ham Fried Rice	Mac & Cheese	Chow Mein w/eggs	Scrambled Eggs w/Toms	Soy bean paste and dried
Egg rolls	Beans	vegetables	Tofu in brown sauce	bean curd noodle
Fresh Fruit	Fresh Fruit	Fresh Fruit	Rice	Eggs & vegetables
Milk	Milk	Milk	Fresh Fruit	Fresh Fruit
			Milk	Milk
30				
Pasta with Alfredo sauce				
Broccoli				
Fresh Fruit				
Milk				