

February

2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Veggie Fried Rice <i>Sides:</i> Fresh Apple, Roasted Yams	2 Cheese Enchiladas Verde <i>Sides:</i> Fresh Pineapple, Sauteed Corn
5 Japanese Curry with Carrots and Potatoes <i>Sides:</i> Fresh Fruit Salad, Steamed Rice	6 Sunflower Butter and Jelly Sandwich <i>Sides:</i> Fresh Orange, Pineapple Carrot Bread	7 Cheese Quesadilla <i>Sides:</i> Fresh Strawberries, Spanish Rice	8 Pasta Primavera with Zucchini and Tomatoes <i>Sides:</i> Fresh Apple, Sauteed Green Beans	9 Cheese Pizza Twists with Marinara Dip <i>Sides:</i> Roasted Zucchini, Fresh Melon
12 Broccoli Bites with Honey Mustard <i>Sides:</i> Fresh Apple, Mashed Potatoes	13 French Toast Sticks with Maple Syrup <i>Sides:</i> Scrambled Eggs, Fresh Orange	14 Potato and Cheese Soft Tacos <i>Sides:</i> Sauteed Corn, Fresh Fruit Salad	15 Chinese Tomato and Egg Stir Fry <i>Sides:</i> Steamed Rice, Fresh Melon	16 Mac and Cheese <i>Sides:</i> Fresh Pineapple, Steamed Broccoli
19 Zucchini Parmesan Meatballs <i>Sides:</i> Fresh Fruit Salad, Pasta with Tomato Cream Sauce	20 Veggie Chow Mein with Carrots, Cabbage and Mushrooms <i>Sides:</i> Fresh Orange, Hoisin Edamame	21 Cheese Lasagna <i>Sides:</i> Fresh Apple, Sauteed Green Beans	22 Tater Tot Casserole with Veggie <i>Sides:</i> Fresh Pear, Chocolate Chip Cookie	23 Cheese Pizza <i>Sides:</i> Fresh Strawberries, Carrot Sticks with Ranch
26 Grilled Cheese Sandwich <i>Sides:</i> Baked Potato Coins, Fresh Fruit Salad	27 Tofu and Broccoli Stir Fry <i>Sides:</i> Fresh Orange, Steamed Rice	28 Butternut Squash Cream Pasta <i>Sides:</i> Fresh Melon, Cheesy Bread		