

**February 2018 – Menu**  
**Tzu Chi Elementary School, Walnut**  
**All meals include a serving of milk.**

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|---|---|---|---|--|
|   |   |   | 1   | 2  |
|   |   |   | Spaghetti with<br>Marinara Sauce<br>Vegetable<br>Fruit      | Fried Rices with<br>Vege Ham<br>Vegetable<br>Fruit         |
| 5   | 6   | 7   | 8   | 9  |
| Vege Chicken<br>Nuggets<br>Hash Browns<br>Vegetable<br>Fruit          | Pasta With Cream<br>of Mushroom<br>Vegetable<br>Fruit               | Vege Curry Chicken<br>Steamed Rice<br>Vegetable<br>Fruit            | Noodles with<br>Teriyaki Sauce<br>Vegetable<br>Fruit        | Fried Rices with<br>Vege Minced Meat<br>Vegetable<br>Fruit |
| 12  | 13  | 14  | 15  | 16   |
| Scrambled Eggs<br>With Tomatoes<br>Steamed Rice<br>Vegetable<br>Fruit | Pizza<br>Vegetable<br>Fruit   | Tofu with Cream<br>Corn Sauce<br>Steamed Rice<br>Vegetable<br>Fruit | Vegetable Pasta<br>With Alfredo Sauce<br>Vegetable<br>Fruit | Macaroni and<br>Cheese<br>Vegetable<br>Fruit               |
| 19  | 20  | 21  | 22  | 23   |
| President's Day<br>(No School)  | Steamed Egg<br>Steamed Rice<br>Vegetable<br>Fruit                   | Vege Chicken<br>Nuggets<br>Hash Browns<br>Vegetable<br>Fruit        | Noodles with<br>Teriyaki Sauce<br>Vegetable<br>Fruit        | Spaghetti with<br>Marinara Sauce<br>Vegetable<br>Fruit     |
| 26  | 27  | 28  |   |  |
| Vegetable Pasta<br>With Alfredo Sauce<br>Vegetable<br>Fruit           | Tofu with Cream<br>Corn Sauce<br>Steamed Rice<br>Vegetable<br>Fruit | Macaroni and<br>Cheese<br>Vegetable<br>Fruit                        |   |  |